WESTIN®

Eat Well

In and out lunch

IN AND OUT SANDWICH
Feature sandwich, market soup, Kennebec fries, house baked cookies to-go 18

IN AND OUT PROTEIN
Smokehouse protein, field greens, Kennebec fries, house baked cookies to-go 25

Soup

NATURALLY RAISED CHICKEN NOODLE SOUP*
Fresh parsley cup 6 / bowl 10

DAILY MARKET SOUP
Cup 5 / bowl 9

Starter

AVOCADO BRUSCHETTA
Cascabel toasted walnuts, poolish bread 9

GNUDI
Tomato basil sauce, Sylvan Grizzly Gouda 11

FIRE GRILLED PACIFIC SHRIMP*
Salt and pepper kale chips, gulf sauce 12

HOUSE POOLISH BREAD
Cultured butter 4

Salad

ANCIENT GRAINS
Farro, quinoa, shaved fennel, dehydrated carrot, orange and Okanagan Pinot gris vinaigrette 13

VEGETABLE CEVICHE*
Roasted seasonal vegetable puree, cucumber, avocado, charred onion, tomatoes, spring radish, sprouted lentils 12

CLASSIC COBB*
Grilled chicken, avocado, goat's cheese, apple wood smoked bacon, free range egg, vine ripened tomatoes, sherry vinaigrette 16

Enhance

GRILLED SUMMER SQUASH*
Olive oil, feta cheese, toasted pistachios 6

FRESH CUT KENNEBEC FRIES
House smoked tomato aioli 5

SAUTÉED TIGER PRAWNS
Orange butter sauce 8

GRILLED CHICKEN BREAST*
Chimichurri 9

Sandwich

ESSENCE SMOKED CHEDDAR BURGER
8oz, lettuce, tomato, red onion, kosher pickle, ketchup, mustard, mayonnaise 17

PULLED SLOW ROASTED HALAL CHICKEN
Applewood smoked cheddar cheese, avocado, wild arugula, chimichurri aioli 14

SMOKED TURKEY CLUB
Bacon, butter lettuce, heirloom tomato, lemon mustard aioli 15

Main

ROASTED BONE-IN FREE RANGE CHICKEN BREAST*
Citrus salsa, brown rice risotto, market vegetables 21

BUTCHER CUT STEAK*
Poplar Bluff potatoes, local cheese curds, forest mushrooms, market vegetables 26

FISH AND CHIPS
Yuzu slaw, fresh cut Kennebec fries, dill tartar sauce 18

BROWN RICE RISOTTO*
Forest mushrooms, Broxburn tomato, puffed wild rice, kale, Sylvan Lake Grizzly Gouda 17

SEASONAL PASTA
Our offering inspired by regionally farmed or seasonally harvested products 17

MID-DAY HAM & EGG YOUR WAY*
Poplar Bluff potatoes, fresh herbs 15

Dessert

DAILY GELATO
Chef's selection 6

MARKET PICKED FRUITS AND BERRIES
A bright mix of the season's best 8

* Denotes a gluten free item. While we endeavor to carefully prepare those meals to accommodate a gluten free diet and other allergy requests, please be aware that they may be prepared in an environment where gluten or other allergens are present.
Consuming raw or undercooked meats, seafood, shellfish or eggs may increase your risk of food-borne illness.
A 15% Gratuity will be charged on groups of six or more. The entire gratuity is distributed to employees.